

STALKING

- Listen and check in about safety
- Take your friend seriously and believe them
- Provide validation of their feelings
- Suggest they document the behavior and keep a detailed log
- Inform your friend they have rights and options
- Support your friend in doing what they decide is best for them

and counseling center on campus for students, grad students, staff and faculty. You can reach out for support and guidance on how to help a friend, or for yourself.

